

# TOTAL ANKLE ARTHROPLASTY : TOMODENSITOMETRIC EVOLUTION OF THE PERIPROSTHETIC CYSTS AT OF 4-YEARS APART AND ASSESSMENT OF THE SURVIVAL CURVES AT 13-YEARS FOLLOW-UP



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# INTRODUCTION

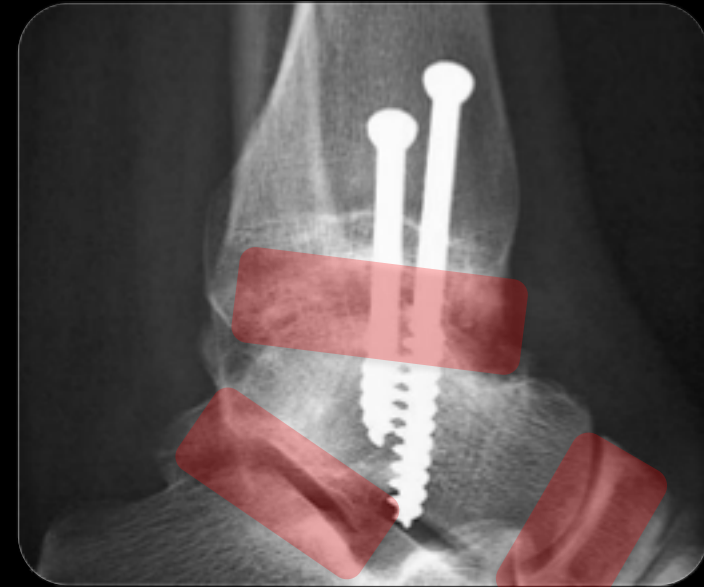
TAR or Fusion ?

## 1. A step more physiological

Piriou, P., et al. (2008). "Ankle replacement versus arthrodesis: a comparative gait analysis study." *Foot Ankle Int* 29(1): 3-9.



## 2. Protection of adjacent joints



## 3. Preservation of range of motion

# Third Generation TAR

- 5-year survivorship, in situ TAR : 70% à 98%
- significant increase in the AOFAS score (AOFAS, Kofoed, Foot Function Index)

## How Successful are Current Ankle Replacements?

A Systematic Review of the Literature

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Received: 20 November 2009  
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**Abstract** Total ankle arthrodesis is the outcome of choice in severe ankle arthritis. We reviewed the literature to determine the success of total ankle arthroplasty (TAR) in terms of pain relief, functional improvement, and return to low-impact, recreational sporting activities. We included studies that reported on the use of TAR in patients with ankle arthritis. The results of the review are discussed in the context of the current literature on TAR.

**CURRENT CONCEPTS REVIEW**  
**Results of Total Ankle Arthroplasty**  
Mark E. Easley, MD, Samuel B. Adams Jr, MD, W. Chad Hembree, MD, and James K. DeOrto, MD  
*Investigation performed at Duke University Medical Center, Durham, North Carolina*

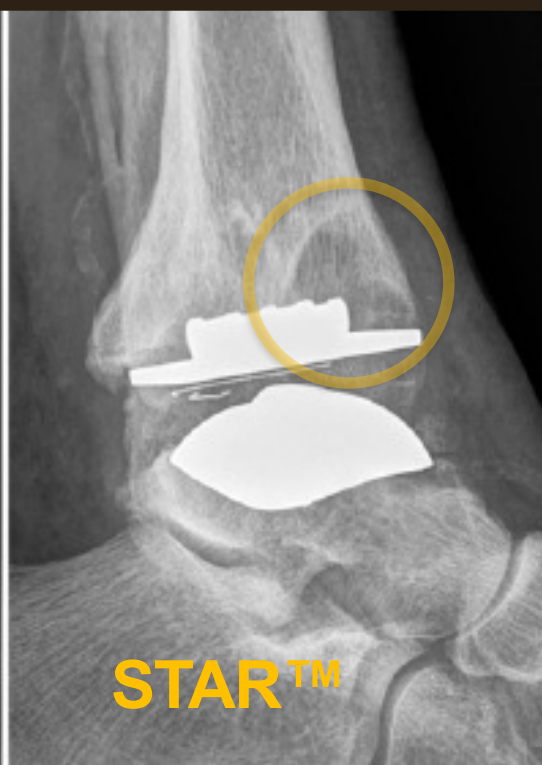
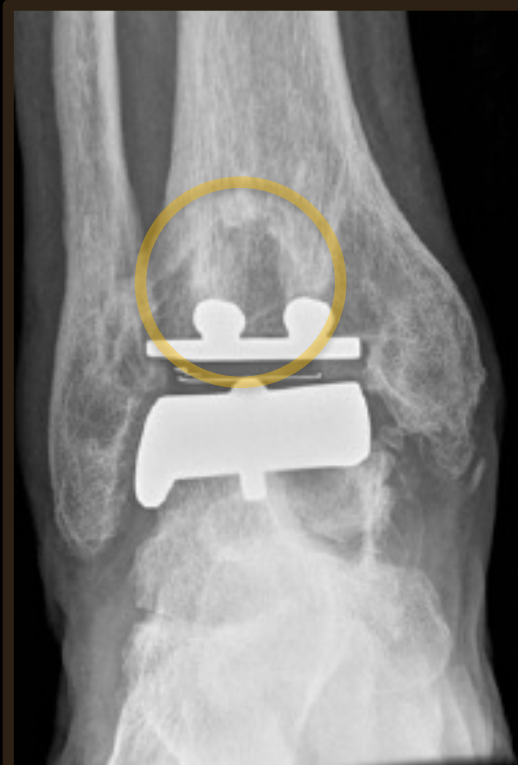
- ▶ Most published reports related to total ankle arthroplasty have a fair to poor-quality level of evidence.
- ▶ Comparative studies with a fair to good-quality level of evidence suggest that total ankle arthroplasty provides equal pain relief and possibly improved function compared with ankle arthrodesis.
- ▶ On the basis of the current literature, survivorship of total ankle arthroplasty implants, when measured as the retention of metal components, ranges from 70% to 98% at three to six years and from 80% to 95% at eight to twelve years.
- ▶ Several investigators have argued that, in the evolution of total ankle arthroplasty, some obligatory reoperation without removal of the metal implants is anticipated; examples of reoperation include relief of osseous or soft-tissue impingement, improvement of alignment or stability of the foot and ankle, bone-grafting for cystic lesions, and/or polyethylene exchange.
- ▶ A successful return to low-impact, recreational sporting activities is possible after total ankle arthroplasty.

End-stage ankle arthritis is as debilitating as end-stage hip arthritis, yet total joint arthroplasty has not displaced arthrodesis for end-stage ankle arthritis. Recent prospective controlled trials and meta-analyses have suggested that, for end-stage ankle arthritis, modern total ankle arthroplasty affords equivalent pain relief and perhaps better function than ankle arthrodesis. In this article, we review the current results of total ankle arthroplasty and factors that may affect the interpretation of these results.

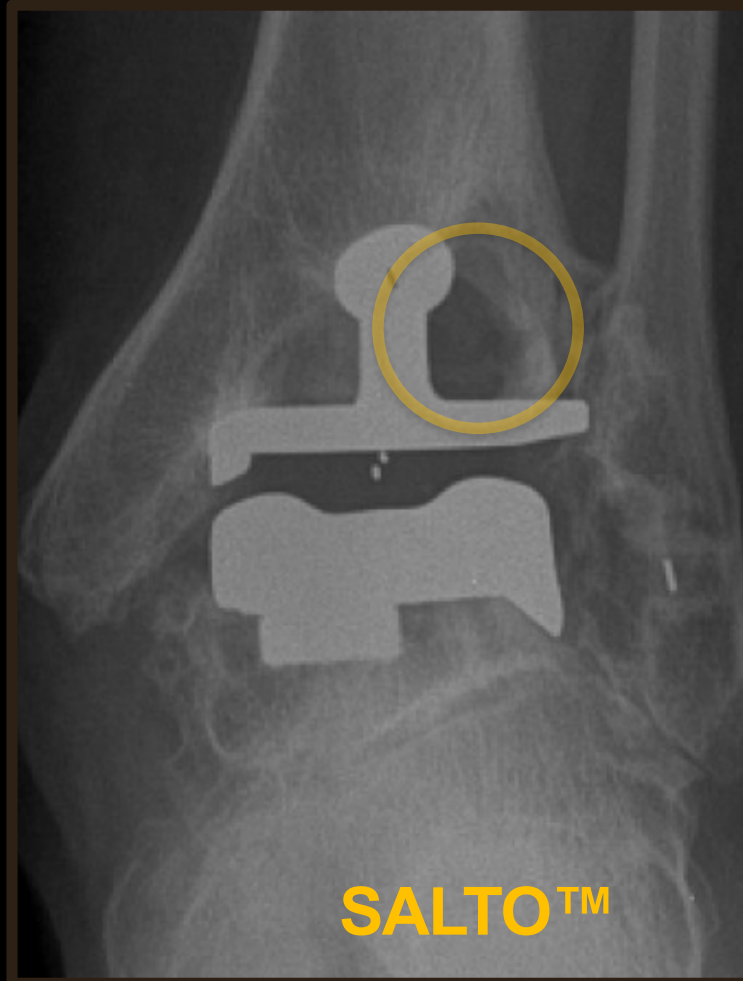
Mean efficacy outcomes and patient satisfaction with the result of total ankle arthroplasty at intermediate-term follow-up uniformly suggest improvement from preoperative values. Pain subscores and functional outcomes are equal to and may exceed those of ankle arthrodesis. With few exceptions, implant survivorship has been reported to range from 70% to 98% at three to six years and from 80% to 95% at eight to twelve years, on the basis of the 2240 total ankle arthroplasties from multiple studies with adequate follow-up to determine implant survival.

Only one study, Anderson et al.,<sup>29</sup> noted a survivorship of 70%; in all other studies reviewed, the implant survivorship was >79% for three to twelve years. Some studies include longer follow-up of the same patients or implants from previous studies or represent a different analysis of the same patients.<sup>30,31,32</sup> The majority of the implants contributing to these survivorship curves had a satisfactory radiographic appearance. However, the radiographic appearance of some of the metal implants also included in these survivorship analyses has suggested impending failure with loosening and subsidence. For select implants, revision surgery may allow for the retention of the original metal implants. Repeat surgery in total ankle arthroplasty does not imply a failure of total ankle arthroplasty, as some repeat surgery is for relieving impingement, improving alignment, bone-grafting for cysts, and/or exchanging the polyethylene component to prolong implant survival. Confounding variables, such as a prolonged implanting curve for surgeons implanting total ankle arthroplasties

**Disclosure:** One or more of the authors received payments or services, either directly or indirectly, from a third party in support of any aspect of this work, in addition, one or more of the authors, or his or her institution, has had a financial relationship with a commercial entity that could be perceived to influence or have the potential to influence what is written in this work. No author has had any other relationships, or has engaged in any other activities, that could be perceived to influence or have the potential to influence what is written in this work. The complete Disclosures of Potential Conflicts of Interest and author contributions are always provided with the online version of the article.



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## **SERIOUS CONCERN**

Mid term large  
periprosthetic cysts  
in every TAR

# Lucas, Y. H. J., et al. (2014). "AKILE total ankle arthroplasty: Clinical and CT scan analysis of periprosthetic cysts." Orthop Traumatol Surg Res.

Mean F-up : 6,7 years  $\pm$   
3 months

- Functional results
- Survival curve
- Glazebrook complication classification

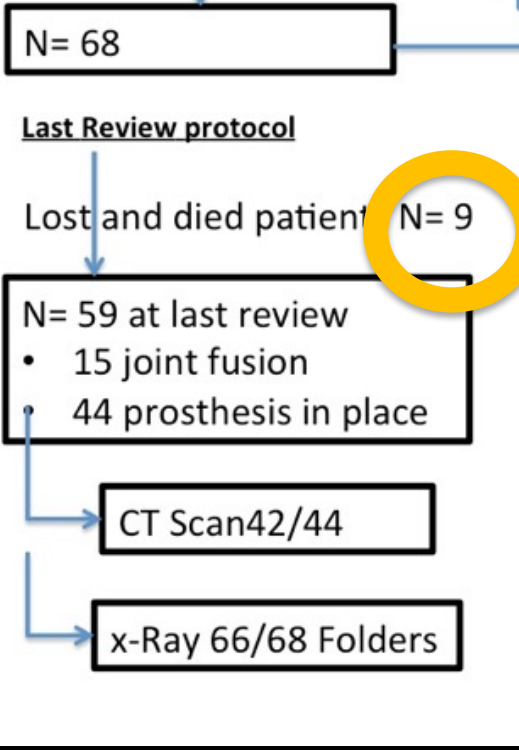
Survival at 5 years : 72,3%

68 patients

Glazebrook MA, Arsenault K, Dunbar M. Evidence-based classification of complications in total ankle arthroplasty. *Foot Ankle Int* 2009;30:945-9.



# 2012 STUDY



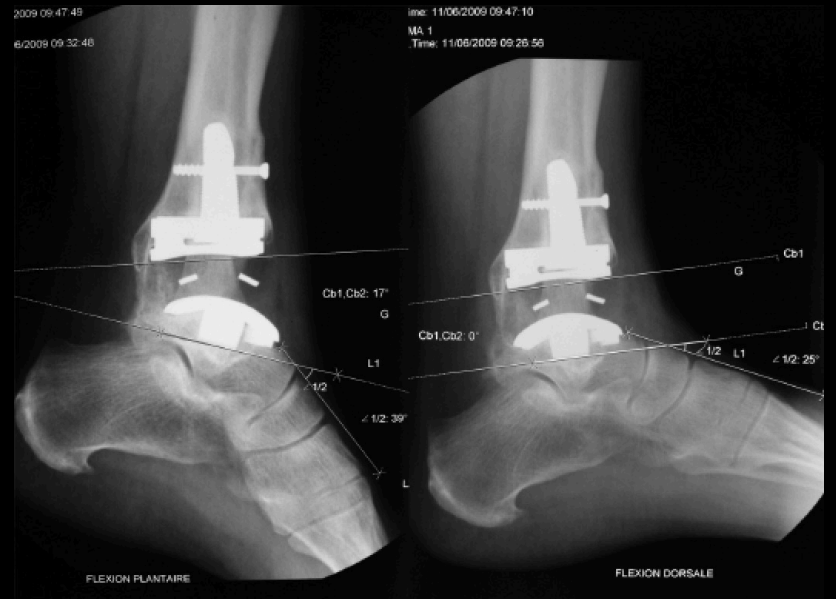
**=13,2%**

**218/401**

- Schenk, K., et al. (2011) Prospective study of a cementless locking, third generation total ankle prosthesis." Foot Ankle Int 32(8): 757-763. **=54%**
- Registre NZ 202 cas et 45 non déclarés **=22%**

	Before	après
AOFAS	33,7	77,1

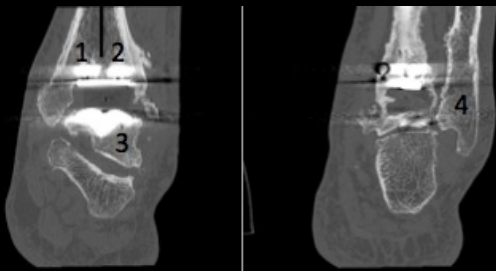
**Mean F-up : 6,7 years ± 3 months**



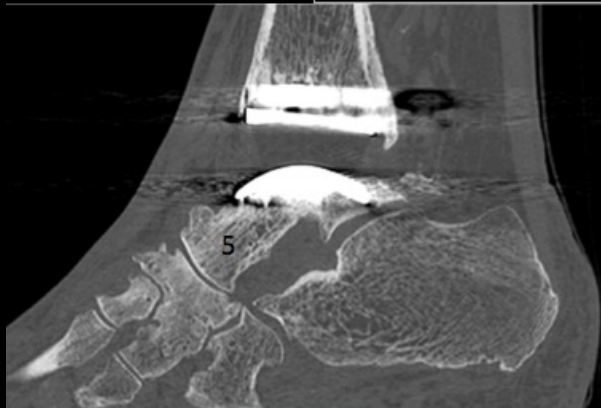
# RADIOGRAPHS AND CT-SCAN ANALYSIS

## Rodriguez protocol

Mean F-up : 6,7 years  $\pm$   
3 months



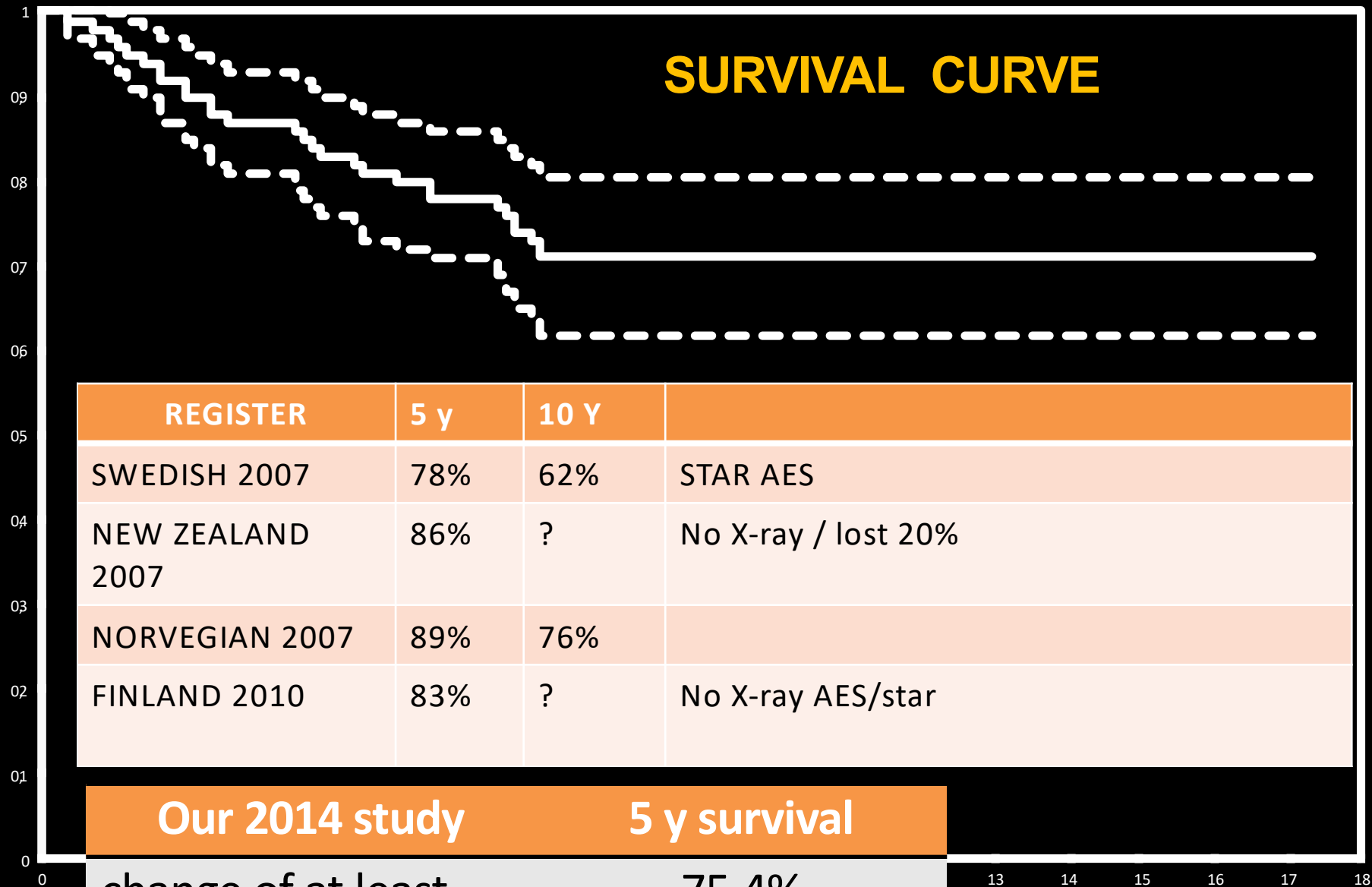
A (0-200 mm<sup>2</sup>),  
B (200-400 mm<sup>2</sup>),  
C (more than 400 mm<sup>2</sup>)



**93 % of cysts finded  
were  
Type A (<200 mm<sup>2</sup>)**

**80 % of cysts A  
were lower  
than 100 mm<sup>2</sup>**

# SURVIVAL CURVE



change of at least  
one metal  
component

**75,4%**

13    14    15    16    17    18



# MATERIALS & METHODS

2012 cohort : 68 patients / 42 Ct scan

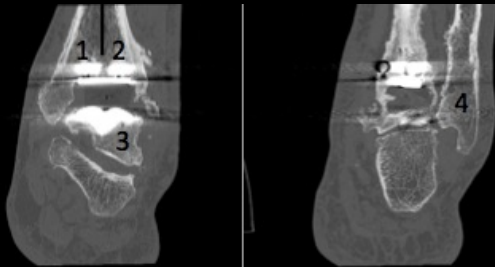
59  $\pm$  11 years

Mean F-up : 13 years  $\pm$  6 months

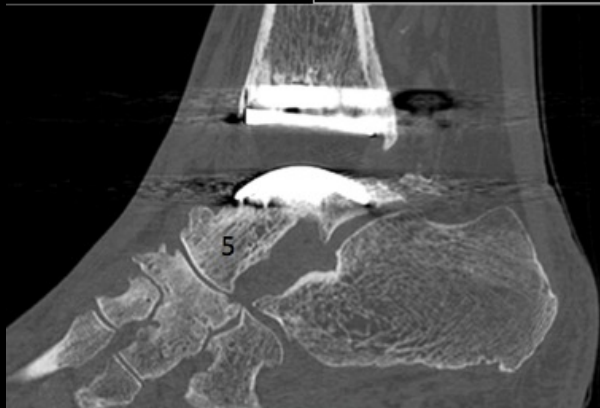
Classic F-up and new CT-scan



- Carbioceram™ (DLC) stainless steel Implant
- bone-implant interface : alumina
- a dual-curvature PE insert and
- a spherical tibial component



A (0-200 mm<sup>2</sup>),  
B (200-400 mm<sup>2</sup>),  
C (more than 400 mm<sup>2</sup>)



# RESULTS

## clinical

Mean F-up : 6,7  
years  $\pm$  3  
months

Mean F-up : 13  
years  $\pm$  6  
months

		2012	2016	
AOFAS	33.6 $\pm$ 13.4	77.6 $\pm$ 15.4	75 $\pm$ 18.2	
R.O.M	23.1 $\pm$ 9.5	28.4 $^{\circ}$ $\pm$ 10.8	21.6 $^{\circ}$ $\pm$ 9.2	
5-year survival		75,4%	82.7%	2 fusion 1 talar revision
change of at least one metal component				

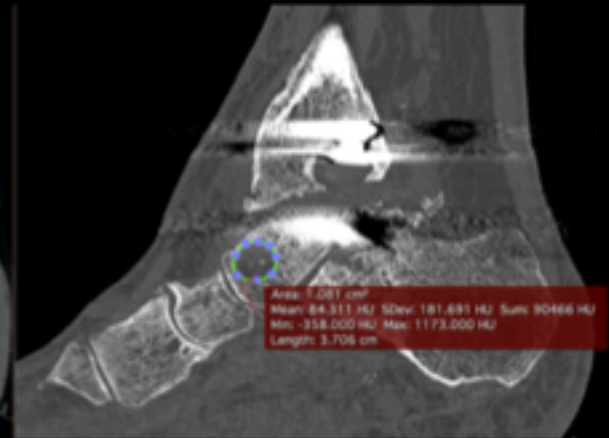
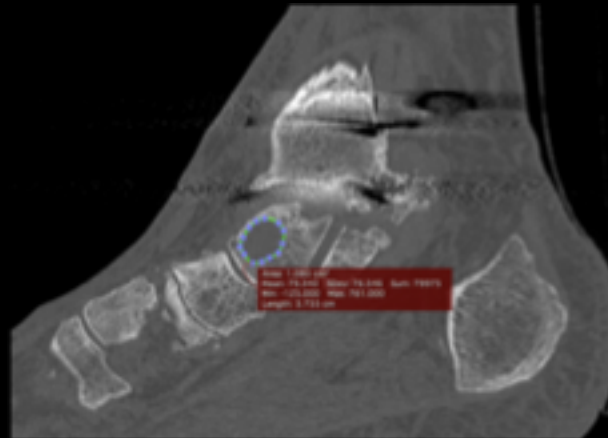
## radiological

22% of all cysts increase in volume +47%

Cysts Type A (<200 mm <sup>2</sup> )	93 %	90.6%
Type A less 100 mm <sup>2</sup>	80 %	80%

# DISCUSSION

## CT scan analysis



Stability of the cysts in number

- Small caliber : type A
- Volume of type A decrease
- 22% of cysts increase slightly

no preoperative CT

phenomena of complex reworking of the subchondral bone

- over-estimation by osteoarthritis
- New protocol with preoperative scan

# DISCUSSION

subtalar arthrodesis would allow a partial revascularization of the talus

No talar cyst was found in patients who underwent subtalar arthrodesis



# DISCUSSION

Survival curve is a statistic curve and need F-up to be reliable

5-year survival

change of at least one metal component

**Our study 82.7%**  
with a mean F-up = 13 years  $\pm$  6 months

			Year	Number	5y survival	10y survival	
	<b>STAR</b>	Anderson	Sweden	2003	51	70,0	-
Mean F-up = 3.8 y	<b>STAR</b>	Wood	UK	2008	200	93,3	80,3
Mean F-up = 9.1 y	<b>STAR</b>	Mann	USA	2011	84	96,0	90,0
	<b>STAR</b>	Brunner	Switzerland	2013	77	-	70,7
Mean F-up = 6.3 y	<b>Hintegra</b>	Barg	Switzerland	2013	684	94,0	84,0
	<b>STAR</b>	Kerkhoff	Netherlands	2016	134	-	78

# DISCUSSION

Survival curve is a statistic curve and need F-up to be reliable

5-year survival  
change of at least one metal component

**Our study 82.7%**  
with a mean F-up = 13 years  $\pm$  6 months

Lost of f-up ?

Lost of f-up ?  
Mean F-up = 4 y

Lot of lost  
Register incomplete  
Median F-up = 2.3 y

Methodological weaknesses  
No clinical assessment  
Mean F-up = 3.2 y

			Year	Number	5y survival	10y survival
STAR/AES/HINTEGRA MOBILITY	Henricson	Sweden	2007	531	78	62
NORWEGIAN TPR STAR/AES HINTEGRA	Fevang	Norway	2007	57	89	76
AGILITY/ RAMSES MOBILITY/STAR	Hosman	New Zealand	2007	202	86	-
STAR/AES	Skyttä	Finland	2010	515	83	-

# Third generation mobile bearing.

- Carbioceram™ (DLC) stainless steel Implant
- bone-implant interface : alumina
- a dual-curvature PE insert and
- a spherical tibial component
- Chrome Cobalt implant
- hydroxyapatite and porous titanium
- flat tibial component



# HYPOTHESIS

## Cysts development

- PE wear debris
  - Chrome / cobalt particles
  - Titanium particles
- 
- design
- 
- Tribology stainless steel / Carbioceram  
Friction coefficient
- 
- bone-implant interface : alumina





# CONCLUSION

Cysts are less frequent and smaller

Cysts stay stable 4 years apart

5-year survival      82.7%

ROM and AOFAS stable 4 years apart



## STRENGTH

Over time tomodensitometric study

F-up of 13y

- **Tribology ?**
- **Design ?**
- **Both ?**